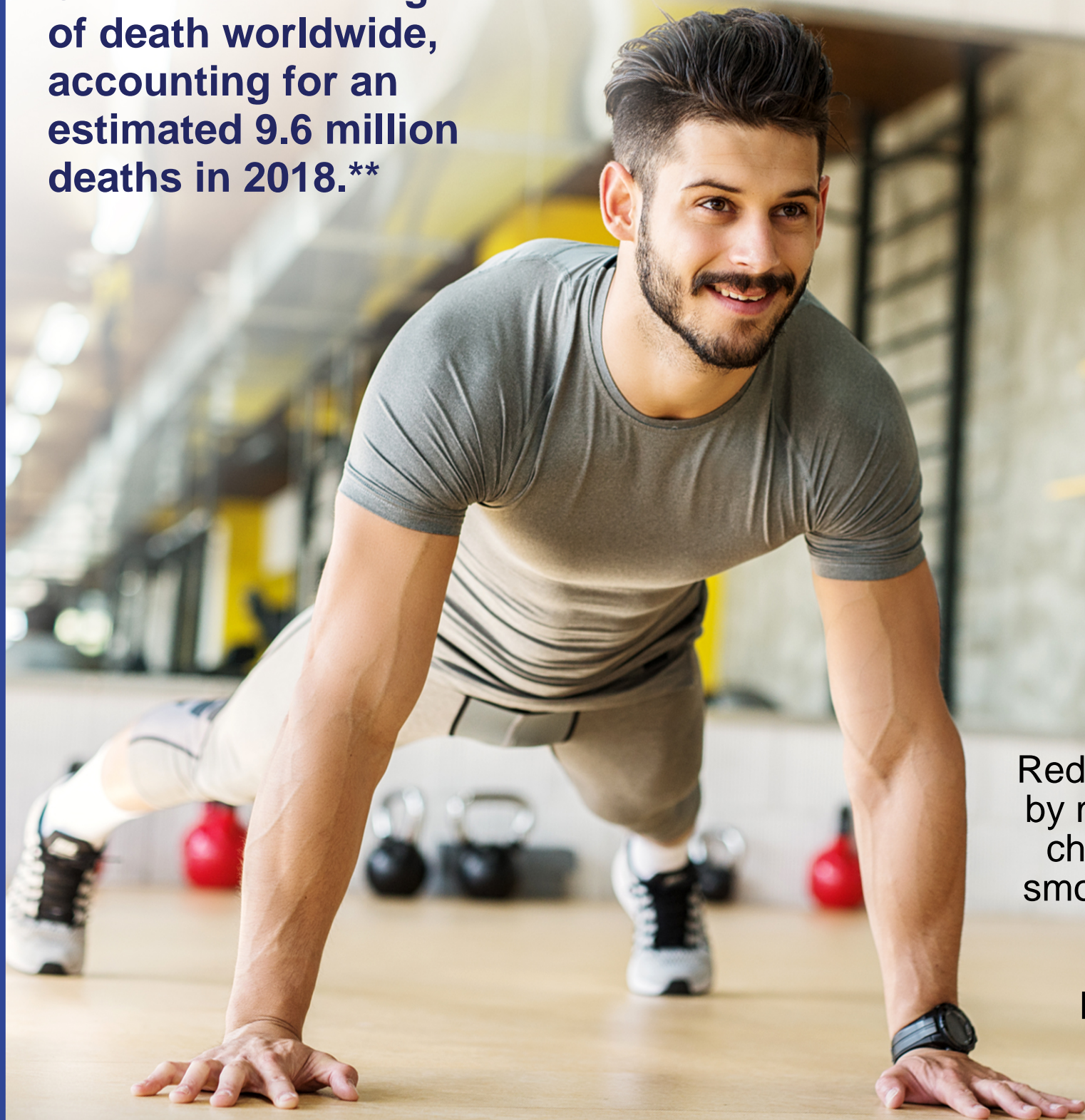


# World Cancer Day

February 4

*I Am and I Will\**

**Cancer is a leading cause of death worldwide, accounting for an estimated 9.6 million deaths in 2018.\*\***



Reduce your risk of cancer by making healthy lifestyle choices including quitting smoking, avoiding alcohol, eating a healthy diet, managing weight and being physically active.

## Speak to your doctor about your options for reducing the risk of cancer.

Source:

\*\* World Cancer Day 2019 Theme

\*\* World Health Organization, Cancer fact sheet, September 2018

This poster has been developed for educational purposes only and is correct at the time of publication. It is not a substitute for professional medical advice. Should you have any questions or concerns about any topic in the poster, please consult your medical professional.

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